Networking Toolkit 2012



How to Connect with Employers in Your Community

NYC Mayor's Office for People with Disabilities, Disability Mentoring Day 10/17/12 Patricia Enriquez, CRC, www.NYCEDA.org

Traits you would like to have in a friend

- Dependability
- ♦ Honesty
- Good attitude
- Trust worthiness
- Kindness/Caring
- ♦ Patience
- Courteousness
- Similar interests
- Loyalty



... are the same traits employers look for in potential candidates.

Social Skills You Can Learn*



* www.careers.berkely.edu

 People enjoy talking about themselves and their jobs.

Solution: Ask them questions about their job.

- Negative thoughts and fears may prevent you from speaking to employers.
- Myths:

"Anything I say, may not be welcomed."

"I've never really been good at meeting people. That's just my personality."

• Changing your attitude from negative to positive, will open doors.

How to interact with people you are meeting for the first time ...

- A networking event is an occasion to find out what you have in common with other people at the event.
 - 1) Approach others
 - **2) Introduce yourself**
 - **3) Share information**
- While in conversation, listen carefully for <u>common</u> <u>interests</u> and goals.
- Once you discover what common interests you have with others - use them as a conversation piece. For example "I am a Yankees fan too..."

Practice Your Introduction

 Practice introducing yourself. Practice will help you make an opening statement that sounds natural, confident, and flowing.

Here are a few examples:

- "Hello, my name is Luis Castro. I am a recent graduate of Brooklyn College...
- "Good morning, my name is Nicole Thompson ... It is a pleasure to be here today."
- "Hello, my name is Jason Dorset, I am a member of the Rusk Institute Career Internship Program [insert name of your vocational program]..."

Meet Your Networking Goals...

Plan your objective for the networking event:

- > to learn more about a career
- > to develop internship leads
- > to exchange e-mail information
- \succ to gain a mentor in your field
- Remember to keep a sense of humor...
- Be yourself ! Walk around; mingle!
- Think positively; smile.



- Make eye contact and thank your hosts. Try to enjoy the event activities...
- Remember to ask a potential contact if it would it "be ok to stay in touch by phone or email ..."